

# RESOURCES FOR SUPPORT WITH MENTAL ILLNESS & SUICIDE PREVENTION

EMORY

NELL HODGSON  
WOODRUFF  
SCHOOL OF  
NURSING

## FOR EMORY STUDENTS

- **Counseling and Psychological Services (CAPS):** 404-727-7450; <http://counseling.emory.edu/>
  - Anonymous online self-assessment: <http://counseling.emory.edu/services/self-evaluation.html>
- **Student Health Services:** 404-727-7551; <http://studenthealth.emory.edu/hs/>
- **Student Intervention Services (SIS) Team:** 404-430-1120; <http://success.emory.edu/SIS/index.html>
- **Aetna Student Health Insurance Plan:** 877-261-8403; <https://www.aetnastudenthealth.com/emory>
- **HelpLine:** Peer counseling, 8:30pm-1:00am; 404-727-HELP (4357)
- **Crisis Text Line:** Text HOME to 741741; Students of color can text STEVE to 741741
- **TrevorChat Line (LGBTQ):** Text "trevor" to 202-304-1200 (7 Days/Week, 3pm-10pm EST)

## FOR EMORY FACULTY & STAFF

- **Faculty Staff Assistance Program (FSAP):** 404-727-WELL (9355); <http://www.fsap.emory.edu/>
  - Anonymous Online Self-Assessment: <https://screening.mentalhealthscreening.org/EMORY>
- **Aetna Behavioral Mental Health:** 800-847-9026; <https://hr.emory.edu/eu/benefits/faculty-staff/medical/index.html>

## FOR ALL

- **Emory Department of Psychiatry:** 404-778-5526; <http://www.psychiatry.emory.edu/programs/index.html>
- **Emory Psychological Center:** 404-727-7451; <http://psychology.emory.edu/h/psychological-center/index.html>
- **Emory Healthcare Veterans Program:** 888-514-5345; <http://www.emoryhealthcare.org/centers-programs/veterans-program/index.html>
- **Veterans Crisis Line:** 1-800-273-8255; Text 838255; <https://www.veteranscrisisline.net/>
- **VA Suicide Prevention:** Information and resources; [https://www.mentalhealth.va.gov/suicide\\_prevention/](https://www.mentalhealth.va.gov/suicide_prevention/)
- **Grady Nia Project:** 404-616-2897; <http://psychiatry.emory.edu/niaproject/services/index.html>
- **National Suicide Prevention Lifeline:** 1-800-273-TALK (8255); <http://suicidepreventionlifeline.org/>
- **National Alliance on Mental Illness:** 800-950-NAMI (6264); Text NAMI to 741741; <https://www.nami.org/>
  - **NAMI Georgia:** 770-234-0855; <https://namiga.org/>
  - **Educational classes and support groups:** <https://www.nami.org/Find-Support/NAMI-Programs>
  - **LGBTQ Community:** <https://www.nami.org/Find-Support/LGBTQr>
- **National Organization for People of Color Against Suicide:** <http://nopcas.org/41>
- **American Foundation for Suicide Prevention:** <https://suicidepreventionlifeline.org/>
  - **Tips for conversations about mental health:** <https://afsp.org/how-to-start-and-continue-a-conversation-about-mental-health-a-realconvo-guide-from-afsp/>
- **QPR Institute – 3 steps to help save a life:** Question, Persuade, Refer (suicide prevention); <https://qprinstitute.com/>